



## Scaling Up Support: Food, Security and Education For War Affected Families in Uganda

"Be strong and of good courage; be not afraid nor dismayed for the Lord is with you wherever you go." Joshua 1:9

Proposal for Year Three of this Four-Year Project

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# RESTORING LIVES IN UGANDA

## CONTENTS

Displaced Families Struggle to Restore Their Lives .....	3
Our Response: To Provide Essential Tools for Recover .....	3
Recent project Success: A Gallery of Care .....	4
Sowing the Seeds of Joy: Project Activities in Focus .....	5
A Closer Look at World Vision's Nutrition Program .....	6
World Vision in Uganda.....	7
How You Can Help .....	7

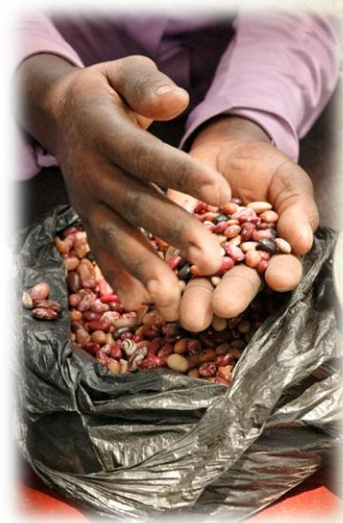
## Displaced Families Struggle to Restore their Lives

Civil conflict in Northern Uganda over 20 years displaced 1.6 million people. Since the ceasefire in 2006, Ugandans have slowly been returning to their regions and their homes. Though most families in the Pader District are now living on their own land, tremendous challenges still remain.

Families in Pader rely on agriculture for their income, but most farmers have not yet been able to cultivate and plant all of their land. And last year's drought delayed planting and further reduced crop yields for families in the district. At the same time, global food prices have risen dramatically. As a result families cannot afford to buy the extra food they need to feed their children.

Children also lack access to quality education. School buildings and equipment have been destroyed or fallen into disrepair. Many children are studying outside, taking shelter from the rain and sun under trees. Some schools do not have teachers. Often parents decide not to send their children to school in these conditions.

A significant number of people — including the children — suffer from depression and post-traumatic stress disorders because of exposure to terrible acts of violence and the threat of abduction by the Lord's Resistance Army. And elderly and the disabled people face special challenges as they attempt to rebuild their lives after years of displacement. Those who follow Christ must be in the forefront of the efforts to stop this injustice and protect the lives vulnerable people.



With your help, World Vision can provide the training and tools that families need to raise healthy children in Lukole, Uganda.

## Life for Children in Pader, Uganda: Key Facts

- 7.9% of children in Pader are suffering from malnutrition.
- 80% of children in Acholi drop out of school before entering before Grade 3.
- 54% of surveyed residents exhibit symptoms of post-traumatic stress disorder.
- 67% of respondents showed signs of depression.
- Some families have left children in transit camps so they can finish school.

## Our Response: To Provide Essential Tools for Recovery

World Vision is responding to the needs of families and children in the Pader District whose communities and lives have been torn apart by two decades of conflict. The Lukole Recovery Program will integrate World Vision's response to about 4,000 children who are living in many communities in the Lukole-Parabongo area where most community infrastructure has been destroyed or damaged. This comprehensive approach will lay the foundation for sustainable long-term development programs that empower communities to address four essential needs of children.

### Improve household food security

Over 90 percent of the people in Pader district rely on agriculture as their major source of livelihood and employment. However, displaced families who return to Pader often lack farming tools, seeds and the money to purchase what they need. With your help, the Lukole Recovery program will provide 800 households with oxen, ox-ploughs and improved seeds that will enable them to open and cultivate more land. World Vision will also provide training in agricultural practices and techniques, which will help families benefit from higher yields and increased access to food and income.

### Reduce malnutrition among children under five, pregnant women and lactating mothers

Based on a community assessment, World Vision will design a customized program that addresses the particular nutrition challenges facing women and children in Lukole. The nutrition program will draw from World Vision's core suite of "7+11" interventions — 7 for pregnant women and 11 for children under age 5 — that are especially critical in the period from pregnancy to two years of age when a child's capacity for physical and intellectual development is largely determined. Our community-based approach to nutrition will empower village health teams and care givers to adopt and share good nutrition practices.

### Improve access to education

The Lukole Recovery Program will address several of the underlying factors that cause high drop-out rates, low completion rates and poor academic performance in the Pader District. With your help we will improve school infrastructures, train school staff and empower community members to support children so that 2,400 boys and girls will stay in school.

### Improve the psychological well-being of children

Many children and young people in Pader District suffer from post-traumatic stress disorders and depression as a result of prolonged conflict. The Lukole Recovery Program will identify adolescents suffering from these conditions and provide counselling to help them participate in school and work opportunities.

## Recent Project Success: A Gallery of Care



THE FOUNDATION FOR THE NEW CLASSROOMS AT PACER PRIMARY

A MOTHER AND A HEALTH ASSISTANT MEASURE THE HEIGHT OF A CHILD AS PART OF

THE SEED FAIR IN OLUNG PROVIDED FAMILIES WITH IMPROVED SEED FOR

SOME OF THE FARMERS WHO PARTICIPATED IN A TWO-DAY AGRICULTURAL

We are pleased to share some highlights of success from the most recent reporting period. With support from generous partners like you, the project was able to:

- Organize farmers from 300 households into 15 farmers groups and provide 6 training sessions for 293 farmers group members in agronomic practices, animal husbandry and business skills. Each group also received 3 ox ploughs, which are shared among the group members.
- Provide 150 households with improved seeds through Seed Fairs held in Pacer and Olung.
- Form 27 Village Savings and Loan Associations that will help farmers access the capital they need to buy the seeds, fertilizer and tools for their farms. In the reporting period, leaders from 10 of those groups received training that will enable them to get their groups up and running.
- Conduct planning and training meetings with the School Management Committees and Parent Teacher Associations at 3 schools. The meetings focused on fundraising, mobilizing community support for education and ensuring that the most vulnerable children have access to education.
- Begin construction at Pacer Primary School 7 to provide a 3-classroom block and a teacher's house.
- Train 33 volunteers to provide support for secondary students at 3 schools who are dealing with depression and hopelessness. The volunteer counsellors work with groups of 12 students and help them learn to express their emotions and deal with painful memories in a positive and constructive manner.

## Sowing the Seeds of Joy: Project Activities in Focus

World Vision is partnering with the communities in Lukole, Uganda to help address the urgent needs of 4,000 children for nutritious food, quality education and counselling to grow strong and reach their God-given potential. The following activities will be phased in over the next three years as part of this comprehensive recovery program.

### **Improved food and income security**

- Organize 40 farmer groups in the two sub-counties
- Help organize 20 training sessions for farmers in agronomy, animal husbandry, post harvest handling techniques and business skills
- Establish 40 demonstration fields to support training activities
- Conduct educational agricultural study tours for selected farmers
- Provide regular coaching visits to farmers
- Provide farmers' groups provided with 240 oxen, 120 ox-ploughs and seeds
- Farmers' groups provided with 120 ox-ploughs
- Provide cows for 60 of the most vulnerable households in Lukole
- Organize 30 Village Savings and Loans Associations that will provide access to business training, business loans and savings opportunity.

### **Reduce malnutrition among children under five, pregnant women and lactating mothers**

- Conduct a nutrition assessment to determine priority needs in the community.
- Help organize training of health facility and project staff in the 7/11 nutrition model.
- Support the formation of 12 nutrition care groups.
- Help organize 8 training sessions for nutrition care group members and 55 village health team members on the 7/11 nutrition model.
- Support health centres to conduct quarterly growth monitoring and promotion activities during 132 "child days" in 11 parishes.

### **Improved access to education**

- Construct 6 new classrooms to expand educational capacity and improve the learning environment for children. Provide 300 school desks to furnish the new classrooms.
- Build two twin-unit teacher's residences that will help attract qualified teachers.
- Help organize 15 training sessions for 440 members of School Management Committees and Parent Teacher Associations on their roles and responsibilities.
- Facilitate the development of 18 radio campaigns designed to raise awareness of education and increase enrolment and retention rates of primary level students.
- Support School Management Committees and Parent Teacher Associations to organize community meetings in 22 schools.
- Support the provision of career guidance sessions to pupils of 22 schools through role models.

### **Improved psychosocial well-being of war-affected adolescents**

- Help organize training and provide support of 22 group counselling facilitators to conduct therapy sessions.
- Help organize 15 community-training sessions that equip 400 parents and 44 teachers to provide ongoing psychosocial support for adolescents after their therapy sessions. A

## **A Closer Look at World Vision's Nutritional Program**

The achievement of child wellbeing with respect to nutrition and health is foundational to community transformation. Malnutrition is the world's most serious health problem and single biggest contributor to child mortality. Research indicates that existing interventions for nutrition and health can reduce mortality between birth and 36 months by about 25 percent. Adequate and appropriate nutrition is essential for the growth, development and survival of children as well as the alleviation of poverty in communities.

As a child-focused organization, World Vision has over the years placed greater emphasis on nutrition and health of children and mothers through a life cycle, multi-sectorial, integrated programming approach. This is especially critical in the period from pregnancy to two years of age when a child's capacity for physical and intellectual development is largely determined. These interventions, 7 for pregnant women and 11 for children under age 2 years form the core suite of

“7+ 11” interventions that World Vision seeks to promote in all its development programs contributing to the global reduction of maternal and under five mortality.

Our strategy is based on evidence-based, cost-effective preventive practices. We advocate for organization- wide scale-up of the following ‘7-11’ minimum set of interventions:

Targets	For Pregnant Women	For Children: 0-24 months
<b>Core Interventions</b>	<ol style="list-style-type: none"> <li>1. Adequate diet</li> <li>2. Iron/folate supplements</li> <li>3. Tetanus toxoid immunization</li> <li>4. Malaria prevention and Intermittent and preventive treatment</li> <li>5. Healthy timing and spacing of delivery</li> <li>6. De-worming</li> <li>7. Facilitate access to maternal health service: antenatal and postnatal care, skilled birth attendance, Prevention of Mother-to-Child Transmission, HIV/STI screening</li> </ol>	<ol style="list-style-type: none"> <li>1. Appropriate breastfeeding</li> <li>2. Essential Newborn Care</li> <li>3. Hand washing</li> <li>4. Appropriate complementary feeding (6-24 months)</li> <li>5. Adequate iron</li> <li>6. Vitamin A supplementation</li> <li>7. Oral Re-Hydration Therapy/ Zinc</li> <li>8. Care seeking for fever</li> <li>9. Full immunization for age</li> <li>10. Malaria prevention</li> <li>11. De-worming (+12months)</li> </ol>

## World Vision In Uganda

World Vision has a long history in Uganda, working with poor and marginalized people. Our work began in Uganda in 1979 with a rehabilitation program for the persecuted Christians in the West Nile. By 1987, there were 4,000 sponsored children. Initial development projects provided schooling, clean water, public health and hygiene activities, food production, shelter and income-generation activities.

World Vision now partners with clusters of communities for 10 – 15 years to ensure that our efforts bring lasting change. Through Area Development Programs (ADPs), World Vision supports education, shelter, vocational training, community-based health, agriculture, HIV and AIDS, micro-enterprise, psycho-social support for war-affected communities, and public policy advocacy.

Our legacy in Uganda has been one of rehabilitation and restoration, even during times of crisis. World Vision has the experience and expertise to implement the Beyond the War project effectively and respectfully.

## How You Can Help

Your support of this project will demonstrate God's grace by providing the resources that the people of Lukole need to raise healthy children. Your gift will build the capacity of families and schools so that children can grow, learn and become effective contributors.

By investing in children, you invest in a better and more prosperous future for the entire community of Lukole.



World Vision is a Christian relief, development and advocacy organization dedicated to working with children, families and communities to overcome poverty and injustice. As

World Vision Canada anticipates raising over \$401 million per year in total revenue for its community development, emergency relief and advocacy work, of which 14.3% will be used for necessary fund-raising.

In cases where donations exceed what is needed or where local conditions prevent program implementation, World Vision Canada will redirect funds to similar activities to help needy people.

World Vision Canada is incorporated in Mississauga, Ontario.

For more information, or for a copy of our latest audited financial statements, please visit our website at [www.worldvision.ca](http://www.worldvision.ca) or contact Janet Johnson, VP, Fundraising & Regional Engagement at 1-800-844-7993.